



PROVIDER ALERT

YES System of Care – June 30, 2019 Implementation Provider Requirements

June 18, 2019

Alert Summary: This alert details provider requirements for services to be implemented on June 30, 2019, as well as important Youth Support training opportunities. The final page lists the rates for these services.

Dear Provider,

As part of the continued implementation of the YES System of Care, Optum Idaho has worked with the Division of Medicaid to implement new services in the Idaho Behavioral Health Plan (IBHP). These changes were announced via provider alerts on April 25, 2019 and May 15, 2019. This alert details more information about the provider requirements for these services.

Provider Requirements

The provider requirements for each new service are as follows:

Behavior Modification and Consultation	
Agency Requirements	Agencies that offer Behavior Modification and Consultation must be credentialed in the Optum Behavior Modification sub-specialty network. To join this network, contact J.T. Van Ryswyk, Specialty Network Manager via email at joshua.vanryswyk@optum.com or go to providerexpress.com > Autism/ABA Information > ID Medicaid Behavior Modification and Consultation .
License Level	Training Requirements
Master's or Doctoral Level Degree	Must have BCBA certification or a behavioral health license, and must attest to having sufficient expertise with additional training in applied behavior analysis (ABA)/intensive behavior therapy, which includes six (6) months of supervised experience or training in the treatment of applied behavior analysis (ABA)/intensive behavior therapies.
Licensed Psychologist	Must attest to having sufficient expertise with additional training in applied behavior analysis (ABA)/intensive behavior therapy which includes six (6) months of supervised experience or training in the treatment of applied behavior analysis (ABA)/intensive behavior therapies. <ul style="list-style-type: none"> ▪ Psychologist service extenders may function under their supervisor's license. <ul style="list-style-type: none"> ○ Responsible for the direct implementation of the behavior modification treatment plan. ○ It is the responsibility of the supervising psychologist to determine which tasks the service extender may perform as a function of his or her training, experience, and competence.
Bachelor's Level degree	Must be credentialed as a Board Certified Assistant Behavior Analyst (BCABA) and must have appropriate supervision.
High School graduate	Must be at least 18 years of age, have a high school diploma or equivalent, current registration as a Registered Behavior Technician (RBT) from the national Behavior Analyst Certification Board or alternative national board certification, and must have appropriate supervision.

Day Treatment	
License/Education Requirements	A Day Treatment program contains a myriad of components provided by all license levels and provider types.
Training Requirements	Providers in a Day Treatment program must be qualified to render the component service within their scope of practice that they offer as part of the program. Day Treatment Components are as follows: Psych/Neuropsychological Testing; Assessment and Treatment Planning; Psychiatric evaluation; Medication Management; Skills Building; Individual, Group, and Family Psychotherapy; Case Management; and Crisis Services
Intensive Home and Community Based Services (IHCBS)	
License/Education Requirements	Please follow the license and education requirements for the specific Evidence Based Practice that your agency uses.
Training Requirements	Must be trained and certified in Functional Family Therapy (FFT), Multisystemic Therapy (MST), or Multidimensional Family Therapy (MDFT).
Other	Providers that have identified an IHCBS evidence-based practice that is not FFT, MDFT or MST should utilize the Early Periodic Screening Diagnosis and Treatment (EPSDT) process to request the service for the member. For additional information about EPSDT or to complete an EPSDT form, providers should refer to www.OptumIdaho.com > For Network Providers > Forms and/or information in the Provider Manual on EPSDT.
Targeted Care Coordination	
License/Education Requirements	Minimum of a Bachelor's degree in a health or human services field.
Training Requirements***	<ul style="list-style-type: none"> • “Optum Idaho Endorsement: General Foundation” Training Plan in Relias. (17 hours) • Targeted Care Coordination Toolkit Training – Available on Relias. (1 hour) • Optum Support and Services Manager (OSSM) Training. (30 minutes)** • “Optum Idaho Endorsement: Targeted Care Coordination” Training Plan in Relias. (9 modules, 30-60 minutes each, available August 2019)
Other	<p>Certified Case Managers (CCM) are not required to take the “Optum Idaho Endorsement: General Foundation” Training Plan.</p> <p>** Once the first three requirements are met, a provider may offer Targeted Care Coordination beginning June 1, 2019. Once the final Training Plan is published on Relias, these providers will have up to 90 days to complete this final step.</p>
Therapeutic After School and Summer Programs	
License/Education Requirements	A Therapeutic After School and Summer Program contains a myriad of components provided by all license levels and provider types.
Training Requirements	<p>Providers in a Therapeutic After School and Summer Program (TASSP) must be qualified to render the component service that they offer as part of their program (e.g. a provider who conducts group psychotherapy as part of a Therapeutic After School and Summer Program must be qualified to do so within their scope of practice.)</p> <p>TASSP Components are as follows: Individual, Group, Family Psychotherapy; Substance use disorder counseling (group and individual); Family Psychoeducation; Family Support; Skills Building; Youth Support; Comprehensive Diagnostic Assessment; Child and Adolescent Needs and Strengths assessment (CANS)</p>
Youth Support	
Additional Trainings will be provided in phase 2 of the Youth Support Service Development	
License/Education Requirements	<ul style="list-style-type: none"> • Minimum of a High School Diploma or equivalent • Current Peer Support Certification
Other Requirements	<ul style="list-style-type: none"> • Has lived experience with a SED diagnosis and/or substance use disorder as a youth or adolescent. • Has been in recovery for a minimum of 1 year. • Is practicing within a group agency in the Optum Idaho network under Optum supervisory protocol

(Interim) Training Requirements***	<ul style="list-style-type: none"> • Optum Idaho Endorsement: General Foundation Training Plan. • Completion of three online modules (available on Relias in June) provisionally allows a Peer Support Specialist to render Youth Support Service beginning June 30, 2019. • The three online trainings must be completed prior to attending one of three regionally based, in-person, all-day trainings. There is a test to receive endorsement for completing Optum Idaho Youth Support Training Program. <ul style="list-style-type: none"> ○ Each in-person training is limited to 30 attendees. If additional trainings are required, the deadline to complete the in-person training will be extended. ○ In-Person training dates and location are as follows: <ul style="list-style-type: none"> ○ July 30, Hilton Garden Inn, Idaho Falls ○ August 15, Best Western Plus, Coeur d'Alene ○ August 21, Hilton Garden Inn, Boise
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***To enroll for either Youth Support Training or Targeted Care Coordination Relias Trainings, providers must email optum.idaho.education@optum.com with the subject line: "Targeted Care Coordination" or "Youth Support." In the body of the email, providers should indicate their Relias user name, agency name, and location. Optum will then assign the appropriate Relias Training Plan.

Billing and Fee Schedule

Below is a table summarizing the updates to the fee schedule effective **June 30, 2019**. Please note some services have modifiers that are not shown. You will receive a complete, updated fee schedule in the coming weeks. Please consult your updated fee schedule for a comprehensive list of the changes.

Code	Description	Unit	MD	PHD	Master's/ APRN	BA/ BS	HS/ GED
H2012	Day Treatment	60 min	\$49.09	\$49.09	\$49.09	N/A	N/A
H0038	Youth Support	15 min	\$13.63	\$13.63	\$13.63	\$13.63	\$13.63
H0038 HQ	Youth Support – Group	15 min	\$6.82	\$6.82	\$6.82	\$6.82	\$6.82
97151	BMC – Assessment	15 min	\$28.39	\$28.39	\$18.20	\$14.70	N/A
97152	BMC - Supporting Assessment by technician	15 min	\$13.65	\$13.65	\$13.65	\$13.65	\$13.65
0362T	BMC - Supporting Assessment with supervision	15 min	\$14.51	\$14.51	\$14.51	\$14.51	\$14.51
97153	BMC - Treatment by Protocol	15 min	\$20.59	\$20.59	\$20.59	\$15.44	\$11.96
0373T	BMC - Treatment with Protocol modification	15 min	\$22.63	\$22.63	\$22.63	\$22.63	N/A
97154	BMC - Group adaptive beh. treatment by protocol	15 min	\$4.78	\$4.78	\$4.78	\$4.78	\$4.78
97155	BMC - Treatment with Protocol modification	15 min	\$18.36	\$18.36	\$18.36	\$12.85	N/A
97156	BMC - Family adaptive beh. treatment guidance	15 min	\$16.78	\$16.78	\$16.78	\$12.48	N/A
97157	BMC - Multiple Family group w/o patient present	15 min	\$8.45	\$8.45	\$8.45	\$7.69	N/A
97158	BMC - Group Adaptive behavior treatment with protocol modification	15 min	\$8.24	\$8.24	\$8.24	\$6.18	N/A
H0036	IHCBS Program – FFT	15 min	\$44.89	\$40.21	\$36.01	\$24.23	N/A
H2033	IHCBS Program – MST	15 min	\$44.89	\$40.21	\$36.01	\$24.23	N/A
H0037	IHCBS Program – MDFT	15 min	\$44.89	\$40.21	\$36.01	\$24.23	N/A

Providers will bill individual component services (e.g. psychotherapy, skills building) with the UC modifier when building a Therapeutic after School/Summer Program. There is no dedicated code on the fee schedule for this program. Consult your fee schedule for a complete list of codes that can be billed as a component of a Therapeutic after School and Summer Program.

Thank you,

The Optum Idaho Team